



switchinternational

Lifestyle Package

24 Titles | 1188 episodes | Approx 260 hours

Ancient Grains	13x30'	
Body & Soul	26x30'	
Boost	26x30'	
Busy Bodies	13x30'	
Cities of the World	13x30	91x3'
Cultural Flavours	13x30'	
Deluxe	26x30'	
Desire	13x30'	
Explore	13x30'	
Food Stories	13x30'	91x3'
Globetrotting	13x30'	65x5'
Green Matters	26x30'	
Heat, Personal Fitness	26x30'	
Health Watch	26x30'	
Inside Health	13x30'	
Inspiration	60x1'	
Landmarks	26x30'	130x5'
Living	26x30'	
Living Green	184x1'	
Latitudes	26x30'	
Postcards	21x30'	

Sustainable Futures	13x30'	
Wellbeig A-Z	26x30'	130x5'
World Health Magazine	26x30'	